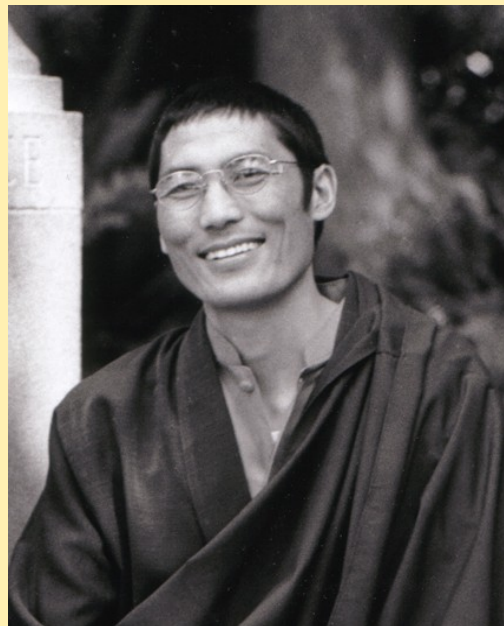


Tibetan Buddhist Meditation

with **Kilung Rinpoche**

H.E. Kilung Jigme Rinpoche is the fifth reincarnation of the enlightened yogi and Dzogchen master, Jigme Ngostar Gyatso, a lineage holder of the Longchen Nyingtig. He teaches students in the U.S., Europe, China, and southeast Asia. Rinpoche also continues to head the monastery in Tibet with its new monastic college and to bring humanitarian solutions to the community of nomads and townspeople. He is presently exploring the possibility of opening a spiritual center in the Northwest.



Weekend Retreat Tara, the Mother of the Buddhas

One of the most popular deities within Buddhism, Kilung Rinpoche will give a rare two day teaching on all 21 manifestations of Tara the female Buddha of compassion.

Saturday July 11th
9 am—5 pm

Tibetan Buddhism has many different forms of meditation like contemplation, calm abiding, visualization and mantra to name a few. This is a wonderful opportunity to explore a deity practice, and ask questions from a Dzogchen (Great Perfection) master.

Sunday July 12th
10 am— 4 pm

COST: \$80 (Does not include meals.)

LOCATION/LODGING: 25 minutes south of Spokane. Camping available for \$15 for the weekend.

REGISTRATION: Please call to reserve your space and for directions to the retreat land.

PRE-REQUISIT: This retreat is appropriate for all levels of students and. Full attendance is required.



For more information please contact Scott or Donna at:
quietgroves@yahoo.com 509-245-3431

No one will be turned away for lack of funds.
All proceeds go to support the Kilung foundation.